

CROSSPOINT
PURPOSE POSSE
REDEEMING MIND, BODY AND SPIRIT

Daily Worksheet

Spirit:

1-15 min Meditation

Reading God's word

Prayer

One song worship

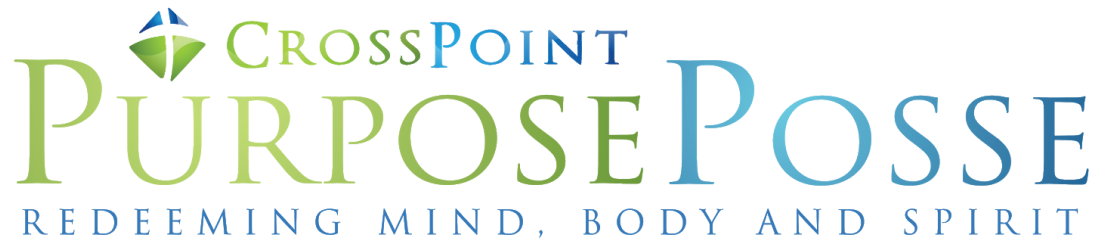
Mind:

What one thing will I do today to work towards my goal?

10 things I am thankful for specific to yesterday

- 1.
- 2.
- 3.
- 4.
- 5.

- 6.
- 7.
- 8.
- 9.
- 10.



Declarations

Speaking into existence the character and person God has made me to be

1.

2.

3.

A Declaration is the formal announcement of the beginning of a state or condition.

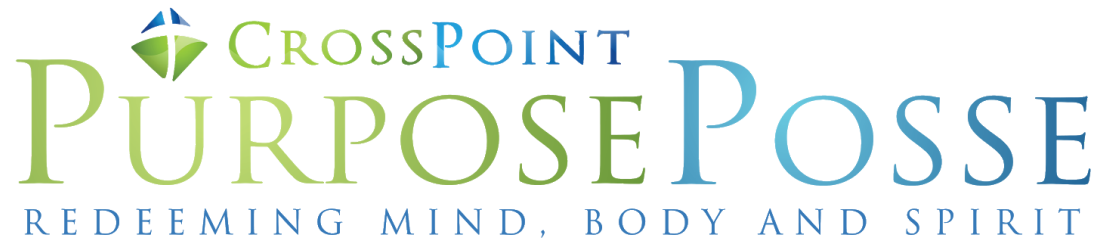
Declaration examples:

I AM A CHILD OF GOD. MY IDENTITY IS ANCHORED IN THIS TRUTH AND I LIVE, LOVE, AND LEAD FROM THIS REALITY. [JOHN 1:12](#), [1 JOHN 3:1](#), [ROMANS 8:14-17](#)

BECAUSE I AM A CHILD OF GOD, BECAUSE HE HAS CALLED ME TO LEAD AND SERVE OTHERS, I WILL SPEAK LIFE. I AM HIS MOUTHPIECE AND I WILL CREATE LIFE WITH MY WORDS WHEREVER I GO. [PROVERBS 18:21](#), [EPHESIANS 4:29](#)

I AM A LEADER, CALLED AND EQUIPPED TO BRING THE GOSPEL MESSAGE TO THE WORLD AROUND ME, EVERYDAY. [MATTHEW 28:18-20](#)

I AM A LOVER OF PEOPLE I WILL BELIEVE THE BEST, BE UNOFFENDABLE AND LOOK FOR THE GOLD IN PEOPLE. [MATTHEW 22:39](#) [JOHN 13:34-35](#)



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Top 3 Dreams

1.

2.

3.

Body:

I will complete this workout today: